

eTeens Programme:

8. *eTeens* is a programme developed by Health Promotion Board, in collaboration with the Ministry of Education, for Secondary 3 students to provide them with accurate information on STIs, HIV and protection from a health perspective. *eTeens* is conducted in two segments – a mass talk segment and a classroom-based programme.

9. Students are taught skills such as decision-making, assertiveness and negotiation to say “no” to sex and negative peer pressure. They also learn that the impact of STIs/HIV extends beyond themselves and involves their family. Abstinence and upholding family values are the key messages. The desired outcome of the *eTeens* programme is that students are empowered to make wise, informed and sensible decisions.

At Presbyterian High School, the *eTeens* programme will be implemented as follows in 2020:

Topics/Lessons	Programme Learning Objectives	Time Period (e.g. Term 3 Week 9)
Mass Talk by HPB appointed vendor	<ul style="list-style-type: none"> Awareness of the different STIs and HIV/AIDS Modes of transmission Modes of protection, specifically on how the condom is used Consequences and impact of STIs/HIV 	Term 1 Week 10
Classroom-based Lesson	<ul style="list-style-type: none"> Learn to negotiate their way out of a risky situation by applying skills of assertiveness and responsible decision-making 	Term 2 Week 1

INFORMATION FOR PARENTS

10. Parents may opt their children out of Growing Years, *eTeens* and/or supplementary sexuality education programmes by MOE-approved external providers.

11. Parents who wish to opt their children out of the **Growing Years (GY) programme** need to complete an opt-out form. This form will be distributed to parents at the start of the year and is also downloadable [here](#). A hardcopy of the form, duly completed and signed, is to be submitted to the school office by 17/01/2020.

12. Parents who wish to opt their children out of the **eTeens programme** need to complete an opt-out form. This form will be distributed to parents at the start of the year and is also downloadable [here](#). A hardcopy of the form, duly completed and signed, is to be submitted to the school office by 17/01/2020.
13. Parents can contact the school at 64543722 for discussion or to seek clarification about the school's sexuality education programme.
14. Parents, who wish to attend the school sexuality education programmes, should contact the school to make the necessary arrangements.